

2025-2026 K-12 Health and Physical Education Instructional Materials Adoption List	
6-8 Health and Physical Education	
M/J Fitness - Grade 6 (#1508000)	
Publisher	Title
eDynamic Holdings LP	<i>Middle School Fitness</i> , 2023, 1st Edition
M/J Health Grade 6 Semester (#0800030)	
Publisher	Title
eDynamic Holdings LP	<i>Middle School Health</i> , 2024, 2nd Edition
Goodheart-Willcox Publisher	<i>Florida Health Skills for Middle School: Grade 6</i> , 2025, 1st Edition
Human Kinetics, Inc.	<i>Live Well Middle School Health Florida</i> , 2026, First Edition
M/J Health Grade 7 Semester (#0800040)	
Publisher	Title
Goodheart-Willcox Publisher	<i>Florida Health Skills for Middle School: Grade 7</i> , 2025, 1st Edition
M/J Health Grade 8 Semester (#0800050)	
Publisher	Title
Goodheart-Willcox Publisher	<i>Florida Health Skills for Middle School: Grade 8</i> , 2025, 1st Edition

9-12 Health and Physical Education	
HOPE-Physical Education (Core) (#3026010)	
Publisher	Title
eDynamics Holdings LP	<i>Health & Physical Education 1a/1b</i> , 2022, 2nd Edition
Goodheart-Willcox Publisher	<i>Florida Health Skills for High School: Opportunities Through Physical Education</i> , 2025, 1st Edition
Human Kinetics, Inc.	<i>Florida Health Opportunities Through Physical Education</i> , 2026, Second Edition
HOPE-Physical Education Variation (#1506320)	
Publisher	Title
eDynamics Holdings LP	<i>HOPE Physical Education Variation 1a/1b</i> , 2024, 1st Edition
Personal Fitness (#1501300)	
Publisher	Title
eDynamics Holdings LP	<i>Personal Fitness</i> , 2023, 1st Edition
Human Kinetics, Inc.	<i>Fitness for Life Florida</i> , 2026, First Edition